

Orienteering at Farrel-McWhirter Park

Orienteering involves the mind and the body. With the aid of a map and compass, you find your way on foot across the countryside from control to control. Your imagination and skills choose the best route. The course has painted red and white controls on 4x4 wooden posts set in the ground. You visit each control in sequence and copy the letter from the marker on a piece of paper. This verifies your completion of the course.

An orienteering map is a very detailed map. A compass is necessary to orient the map to magnetic north before starting a course and at any time during the course necessary to insure your location. The blue lines drawn vertically across the map indicate magnetic north.














































































Orienteering courses are usually set in a pleasant forest environment and you set your own pace. You can treat orienteering as a highly competitive race of navigational skill and physical speed or as a hike through the woods with the added fun of finding the red and white controls. Orienteering is usually an individual effort, but it is common to see groups or families hiking around an orienteering course together. Fitness and experiencing the outdoors come naturally with this sport.

Use the map and the chart to the left to find the 28 controls located in the park. You **Start** and **Finish** at the **Triangle /Double Circle**.

There are four courses of different lengths. You should go to the numbers in order. Or you can design your own course.

Course lengths are direct from control to control. Use of trails will make the course length increase.

Orienteering is a year round sport. Please check Cascade Orienteering Club's website for further information about upcoming orienteering events: www/CascadeOC.org.

Farrel-McWhirter Permanent									
Beginner		0.7 km							
									Start:
1	27								W side of fence
2	8								W side of fence
3	18								NE side of special item
4	7								N edge of vegetation boundary
5	3								N edge of vegetation boundary
		100 m				Navigate 100 m to finish			
Adv Beginner		1.3 km							
									Start:
1	25								NE end of bridge
2	15								W end of path
3	2								Bend in path
4	19								Between special items
5	22								E side of special item
6	28								NE end of bridge
7	17								Bend in path
		160 m				Navigate 160 m to finish			
Intermediate 1		1.9 km							
									Start:
1	24								Between small gully and path
2	21								N side of path
3	4								S side of path and fence junction
4	11								W side of special item
5	26								E side of fence
6	10								W end of path
7	1								Between fence and knoll
8	20								N side of path
9	14								S edge of vegetation boundary
		170 m				Navigate 170 m to finish			
Intermediate 2		2.0 km							
									Start:
1	8								W side of fence
2	5								Bend in path
3	12								E side of road
4	16								N edge of vegetation boundary
5	9								E edge of vegetation boundary
6	6								W side of road
7	23								S side of special item
8	13								W side of path junction
		250 m				Navigate 250 m to finish			